

1990 USMS National Championship

2 Mile Cable Swim

**Chris Greene Lake
Charlottesville, Virginia**

Saturday July 14, 1990

**Sponsored by Virginia Masters Swim Team
Sanctioned by Virginia LMSC**

RESULTS

1471 Johnston-Willis Drive
Richmond, Va. 23235
(804) 320-3999



VIRGINIA MASTERS SWIM TEAM

July 31, 1990

To: Participants of the 1990 2-Mile Cable Swim
National Championship

Dear Participants:

I'd like to thank you once again for your interest and attendance at the 1990 championship. This meet has always been a pleasure to present because of the tremendous cooperation and friendship that develops surrounding this swimming event.

Enclosed are the results of the 1990 championship, which may differ from the results that were read at the shelter following the meet. This comes in part from timely protests regarding times and placements, five revisions of the times with corrections for errors of subtraction in the wave time, deletion of one relay team, etc.

Please let me know if there is any correction necessary for any award you may be due and have yet to receive. Hope to see you again next year.

Sincerely,

A handwritten signature in cursive script that reads "Jim".

Jim Miller, M.D.
Meet Director

JM:AG
Enclosure

NATIONAL MASTERS 2-MILE SWIM
CHRIS GREENE LAKE
CHARLOTTESVILLE, VA 7/14/90

MEN OPEN

PLACE	O'ALL	NAME	TOWN	ST	AG	CLUB	RAWTIME	ADJTIME
1	1	GLENN HOUCK	ROCKVILLE	MD	23		0:42:49	0:42:49

WOMEN OPEN

1	7	LISA BENNETT	34 ARLINGTON	VA	VMST		0:45:33	0:45:03
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MALE AGE GROUP: 19 - 24

1	1	GLENN HOUCK	23 ROCKVILLE	MD			0:42:49	0:42:49
2	12	WILL FITZHUGH	22 KENSINGTON	MD	UNAT		0:45:24	0:45:24
3	33	DAVE HOLLAND	22 RICHMOND	VA	VMST		0:49:25	0:49:25
4	34	CHRISTOPHER KRUPIARZ	23 GLEN BURNIE	MD	MMST		0:49:55	0:49:25
5	66	PHIL MAY	24 VA BEACH	VA	VMST		0:57:44	0:55:44

MALE AGE GROUP: 25 - 29

1	3	JOHN JEWELL	26 ALEXANDRIA	VA	DCM		0:43:15	0:43:15
2	9	DAVID HOUCK	27 ALEXANDRIA	VA	UNAT		0:45:09	0:45:09
3	16	PAT DUGGAN	26 VA BEACH	VA	VMST		0:45:58	0:45:58
4	41	MALCOLM MCCONNELL	28 RICHMOND	VA	VMST		0:52:05	0:50:35
5	44	DAVID BROWN	29 HAMPTON	VA	UNAT		0:52:16	0:50:46
6	63	DEAN SARIDAKIS	28 MANASSAS	VA	PWSC		0:56:26	0:55:26
7	89	JONATHAN SMITH	26 CHARLOTTESVILLE	VA			1:02:52	0:59:22
8	109	BILL TAYLOR	27 RICHMOND	VA	VMST		1:04:18	1:01:48
9	168	JIM DONAHUE	27 WASHINGTON	DC	PVSC		1:30:42	1:25:42

MALE AGE GROUP: 30 - 34

1	2	ROB COPELAND	33 SOMERSET	NJ	BAC		0:42:51	0:42:51
2	4	JEFFREY RHODES	33 CHARLOTTESVILLE	VA	VMST		0:44:25	0:44:25
3	8	SCOTT LARSEN	30 NEWPORT NEWS	VA	VMST		0:45:34	0:45:04
4	24	JAMES MCFARLAND	32 LYNCHBURG	VA	VMST		0:47:34	0:47:34
5	25	JAMES ACKER	30 RESTON	VA	DCM		0:47:43	0:47:43
6	27	DREW MOLL	31 BURKE	VA	BM		0:49:21	0:48:21
7	28	KIM BRUNO	34 WASHINGTON	DC	DCM		0:49:12	0:48:42
8	30	ROBERT INLOW	31 FALLS CHURCH	VA	VMST		0:50:22	0:48:52
9	32	JIM BRINGMAN	32 VA BEACH	VA	VMST		0:49:51	0:49:21
10	40	DAN FUCHS	33 DALE CITY	VA	PWSC		0:50:28	0:50:28
11	49	MIKE KIVISTIK	32 FREDERICK	MD	FYM		0:53:35	0:52:35
12	54	JOE BENNING	33 FREDERICKSBURG	VA	VMST		0:56:00	0:54:30
13	69	JEFF RHODENBAUGH	34 NORFOLK	VA	VMST		0:57:49	0:55:49
14	80	KEVIN LAVERY	30 FLANDERS	NJ	BAC		1:00:26	0:57:26
15	84	MARK BRAIMAN	33 CHARLOTTESVILLE	VA	VMST		0:58:13	0:58:13
16	88	RICK BOCKES	32 WOODBRIDGE	VA	PWSC		1:00:52	0:59:22
17	111	TOM SINCLAIR	34 CHEVY CHASE	MD	UNAT		1:05:24	1:02:24
18	119	DAVID KLINE	34 FT. WASHINGTON	MD	UNAT		1:05:52	1:04:22
19	132	MICHAEL KERNYAT	34 RICHMOND	VA	VMST		1:10:14	1:06:14
20	138	ERIC NEWTON	31 SO. BOSTON	VA	VMST		1:09:37	1:08:07
21	148	LAUCLIN GILLIS	30 VA BEACH	VA	UNAT		1:16:15	1:13:15
22	154	RODNEY BOUCHER	31 VA BEACH	VA	UNAT		1:18:41	1:14:41
23	156	VICTOR FERGUSON	33 SO. BOSTON	VA	UNAT		1:16:18	1:14:48

PLACE	O'All	NAME	TOWN	ST	AG	CLUB	RAWTIME	ADJTIME
MALE AGE GROUP: 35 - 39								
1	5	RAY BENECKI	37 FAIRFAX	VA	UNAT		0:45:02	0:44:32
2	10	WILLIAM KLOPPE	38 RICHMOND	VA	UNAT		0:45:15	0:45:15
3	19	CHRISTOPHER NICKLAW	35 DALE CITY	VA	PWSC		0:46:09	0:46:09
4	31	MARK KUHN	36 HIGH BRIDGE	NJ	BAC		0:49:29	0:48:59
5	39	EDWARD BOAZ	36 CINCINNATI	OH	UNAT		0:51:05	0:50:05
6	45	JOHN LOCKE	38 SPRINGFIELD	VA	DCM		0:50:51	0:50:51
7	64	SKIP SPENCER	36 NEWPORT NEWS	VA	UNAT		0:57:05	0:55:35
8	94	WILLIAM KLAHN	36 ELKTON	VA	VMST		1:02:17	0:59:47
9	101	RAEIGH CONWAY	37 FREDERICKSBURG	VA	VMST		1:02:55	1:00:55
10	125	MARC THOMAS	35 NORFOLK	VA	VMST		1:09:47	1:05:17
11	127	JOHN FERRELL	36 RICHMOND	VA	VMST		1:08:26	1:05:26
12	140	TOM LAIDLAW	37 VA BEACH	VA	UNAT		1:11:17	1:08:17

MALE AGE GROUP: 40 - 44								
1	6	JOHN SHRUM	41 CHARLOTTESVILLE	VA	VMST		0:45:09	0:44:39
2	14	DAVID POHLONSKI	41 KALAMAZOO	MI	MMK		0:45:38	0:45:38
3	18	LEE CHESNEAU	42 CAMP SPRINGS	MD	LSM		0:50:38	0:46:08
4	42	DANIEL ROGACKI	43 BILLERICA	MD	NEMSC		0:51:08	0:50:38
5	43	WAYNE HARTKE	42 BURKE	VA	VM		0:51:45	0:50:45
6	51	DON FARMER	40 RICHMOND	VA	VMST		0:53:52	0:52:52
7	57	STEPHEN HOGAN	41 BURKE	VA	DCM		0:56:19	0:54:49
8	67	DAVID HARMON	40 GERMANTOWN	MD	UNAT		0:57:46	0:55:46
9	70	BOE POPP	43 COLLEGE STATION	TX	MOB		0:56:56	0:55:56
10	85	MARK MONTGOMERY	42 APEX	NC	RAM		1:01:00	0:58:30
11	97	JOHN TILLEY	41 MALVERN	PA	VFM		1:02:05	1:00:05
12	118	RON MAGEE	43 MIDLOTHIAN	VA	VMST		1:06:46	1:04:16
13	122	EDWARD YATES	41 EARLYSVILLE	VA	UNAT		1:09:10	1:05:10
14	123	LARRY SNOWHITE	43 RESTON	VA	RM		1:08:12	1:05:12
15	134	JOHN WOLEBEN	43 SUFFOLK	VA	VMST		1:10:21	1:06:51
16	135	BOB AITCHESON	43 CHARLESTOWN	WV	UNAT		1:10:58	1:07:28
17	158	JERRY MARCUS	43 FREDERICKSBURG	VA	UNAT		1:19:28	1:15:28
18	170	JOEN BANDER	43 MIDLOTHIAN	VA	VMST		1:32:50	1:28:20

MALE AGE GROUP: 45 - 49								
1	47	LARRY HEWES	47 FAIRFAX	VA	UNAT		0:53:43	0:52:13
2	55	JOHN WOODWORTH	49 FALLS CHURCH	VA	FYM		0:56:35	0:54:35
3	71	MICHAEL STOTT	47 RICHMOND	VA	VMST		0:57:56	0:55:56
4	78	ALLAN HOWELL	45 RICHMOND	VA	VMST		0:58:07	0:57:07
5	90	TOM JOYCE	47 WASHINGTON	DC	DCMM		1:01:54	0:59:24
6	102	TOM SCOTT	49 WOODBRIDGE	VA	PWSC		1:03:28	1:00:58
7	103	JOE SCOTT	47 WILLIAMSBURG	VA	VMST		1:03:02	1:01:02
8	116	ROBERT STARKEY	46 LYNCHBURG	VA	VMST		1:07:22	1:03:52
9	121	RANDY WISE	48 VA BEACH	VA	VMST		1:07:27	1:04:57
10	137	WILLIAM TREANOR	47 WASHINGTON	DC	VMST		1:11:28	1:07:58
11	142	HARRY DELONG	46 MANASSAS	VA	PWSC		1:15:44	1:10:44
12	149	ED MOYLAN	48 LOCUST GROVE	VA	PWSC		1:16:48	1:13:18

MALE AGE GROUP: 50 - 54								
1	26	KENT PRICE	52 PALO ALTO	CA	LAM		0:48:39	0:48:09
2	48	JOSEPH BERTHE	53 WEST CHESTER	PA	1776 COL		0:53:44	0:52:14
3	75	LEE BETTIS	52 FAIRFAX	VA	DCM		0:57:08	0:56:38
4	79	DALE MCGINLEY	53 ARLINGTON	VA	DCM		0:58:09	0:57:09
5	126	JAMES GRAY	54 CHEVY CHASE	MD	DCM		1:08:23	1:05:23
6	152	JOHN SCHUEMMEYER	51 WILMINGTON	DE	1776 COL		1:18:11	1:14:11
7	155	WILLIAM CARTER	50 ANNAPOLIS	MD	CHM		1:18:15	1:14:45

PLACE	O'All	NAME	TOWN	ST	AG	CLUB	RAWTIME	ADJTIME
MALE AGE GROUP: 55 - 59								
1	37	CHARLESS LEBOURGEOIS	56 RALEIGH	NC		RAM	0:50:11	0:49:41
2	53	BERNEY HUNGERFORD	57 WAYNE	PA	1776	COL	0:56:27	0:54:27
3	93	CARL RUSS	55 VA BEACH	VA		VMST	1:01:04	0:59:34
4	106	CHUCK WILMORE	55 SPRINGFIELD	VA		VMST	1:03:45	1:01:15
5	107	BILL DEAN	59 SPRINGFIELD	VA		CMST	1:04:18	1:01:18
6	133	TOM DEWEY	58 MCLEAN	VA		DCM	1:08:36	1:06:36
7	161	ROBERT DALTON	58 WASHINGTON	DC		DCM	1:21:35	1:17:05
MALE AGE GROUP: 60 - 64								
1	61	JOHN ALLEVA	62 FAIRFAX	VA		UNAT	0:56:14	0:55:14
2	62	ROGER FRANKS	63 WILMINGTON	DE	1776	COL	0:55:55	0:55:25
3	100	PAUL GEITHNER	60 FAIRFAX	VA		BM	1:02:44	1:00:44
4	104	FORREST SULLIVAN	60 VA BEACH	VA		VMST	1:03:08	1:01:08
MALE AGE GROUP: 65 - 69								
1	108	CALVIN BARNES	66 HAMPTON	VA		VMST	1:03:31	1:01:31
2	130	CHARLES HARRIS	69 NO. PLAINFIELD	NJ		JM	1:08:28	1:05:58
3	139	ELLIOT SCHOFIELD	67 GREENWICH	CT		CM	1:10:47	1:08:17
4	141	BERNARD GUAGNINI	65 HARRISON	NY		ESMSC	1:13:04	1:09:04
5	150	BURTON LAMAR	66 STORRS	CT		CMSC	1:18:39	1:14:09
6	164	HEINZ STRASSER	65 CROZET	VA		VMST	1:22:56	1:19:26
MALE AGE GROUP: 70 - 74								
1	99	FRANK MURPHY	72 BETHESDA	MD		DCM	1:02:48	1:00:18
2	163	BURTON FRANKLIN	70 DANVILLE	VA		VMST	1:22:07	1:17:37
MALE AGE GROUP: 75 - 79								
1	117	DEXTER WOODFORD	76 AKRON	OH		OMST	1:05:58	1:03:58
FEMALE AGE GROUP: 19 - 24								
1	58	ANN MARIE BOWMAN	24 RICHMOND	VA		UNAT	0:55:53	0:54:53
2	76	KAREN DRESDEN	23 ALEXANDRIA	VA		PVSC	0:58:17	0:56:47
3	129	SIAN HUNTER	23 ARLINGTON	VA		UNAT	1:08:56	1:05:56
FEMALE AGE GROUP: 25 - 29								
1	20	VAL VAN HORN	27 RICHMOND	VA		VMST	0:50:41	0:46:11
2	21	CAROLE BOWMAN	27 CHARLOTTESVILLE	VA		UNAT	0:47:34	0:46:34
3	29	KATY MCQUAID	28 OAKTON	VA		RM	0:49:15	0:48:45
4	35	KIM LARSEN	29 FORT WAYNE	IN		GISMA	0:50:25	0:49:25
5	36	TERESA HILL	27 PASEDNA	MD		MMST	0:50:36	0:49:36
6	46	DEBBIE JAEGER	27 WOODBRIDGE	VA		PWSC	0:52:54	0:51:24
7	52	JULIE BURLAND	27 WASHINGTON	DC		UNAT	0:56:35	0:54:05
8	60	KIM GUENTHER	27 ARLINGTON	VA		UNAT	0:57:39	0:55:09
9	91	MARLENE AFZAL	25 ANNANDALE	VA		UNAT	1:01:00	0:59:30
10	110	SHELLY STEIN	27 FT. MEYER	VA		DCM	1:05:39	1:02:09
11	113	MISSIE HERSEY	28 RICHMOND	VA		VMST	1:06:01	1:03:01
FEMALE AGE GROUP: 30 - 34								
1	7	LISA BENNETT	34 ARLINGTON	VA		VMST	0:45:33	0:45:03
2	11	MCNA SEAMAN	30 RALEIGH	NC		RAM	0:45:45	0:45:15
3	13	MARTHA WILLIAMS	31 SPRINGFIELD	VA		DCM	0:46:00	0:45:30
4	15	ANITA CALLAHAN	32 SPRINGFIELD	VA		DCM	0:46:15	0:45:45
5	17	DEBORAH CAIN	33 NEWARK	DE	1776	COL	0:46:05	0:46:05
6	23	SARA LEVINE	32 FREDERICK	MD		FYM	0:47:54	0:47:24
7	59	NANCY MOORE	31 RICHMOND	VA		VMST	0:56:58	0:54:58
8	65	VICKI MOLL	30 BURKE	VA		BM	0:57:35	0:55:35
9	68	KATHLEEN RHODES	30 SUMMIT	NJ		BAC	0:57:47	0:55:47
10	74	VALERIE THOMPSON	30 STERLING	VA		VMST	0:56:59	0:56:29
11	77	MARIALYCE HOOVER	33 WOODBRIDGE	VA		PWSC	1:00:00	0:57:00

PLACE	O'ALL	NAME	TOWN	ST	AG	CLUB	RAWTIME	ADJTIME
12	83	KELLEY MACLENNAN	32 WOODBRIDGE	VA		PWSC	1:02:00	0:58:00
13	96	SHARON WRIGHT	30 MANASSAS	VA		PWSC	1:03:23	0:59:53
14	98	IDA MILLER	33 ALEXANDRIA	VA		UNAT	1:02:44	1:00:14
15	115	HEATHER PECK	31 ARLINGTON	VA		UNAT	1:06:41	1:03:41
16	145	CAROLYN BARGMAN	31 RIVERDALE	MD		DCM	1:15:51	1:11:21
17	153	JUDY HYLTON	32 WASHINGTON	DC		DCM	1:18:41	1:14:11
18	171	SUSAN BLEISTEIN	32 LORTON	VA		UNAT	1:39:46	1:34:46

FEMALE AGE GROUP: 35 - 39

1	22	SHIRLEY LOFTUS	38 AFTON	VA		VMST	0:47:37	0:46:37
2	38	JANICE DOUGHERTY	37 WILMINGTON	DE	1776	COL	0:50:30	0:50:00
3	92	DARLENE ISKRA	38 NORFOLK	VA		VMST	1:03:01	0:59:31
4	95	KATIE FALLON	36 CHARLOTTESVILLE	VA		UNAT	1:03:18	0:59:48
5	112	TANYA JUMP	36 HERNDON	VA		RM	1:05:29	1:02:29
6	114	ANNA SIMM	35 WILLIAMSBURG	VA		VMST	1:06:02	1:03:32
7	128	KATHLEEN COSTELLO	35 KENSINGTON	MD		UNAT	1:09:54	1:05:54
8	151	GAYLE TUCKER	36 DALE CITY	VA		PWSC	1:18:40	1:14:10
9	162	KATIE FALLON	36 CHARLOTTESVILLE	VA		UNAT	1:19:53	1:17:23

FEMALE AGE GROUP: 40 - 44

1	50	ANN SVANSON	44 ALEXANDRIA	VA		DCM	0:53:42	0:52:42
2	56	NANCY MILLER	40 MIDLOTHIAN	VA		VMST	0:55:43	0:54:43
3	72	BARBARA BRAND	40 STEVENSVILLE	MD		CHM	0:57:00	0:56:00
4	86	CHARLEEN DUNBAR	40 WOODBRIDGE	VA		PWSC	1:00:57	0:58:57
5	87	PAM OLSON	43 MORRISTOWN	NJ		BAC	1:02:11	0:59:11
6	124	ANN BENNER	41 FREE UNION	VA		VMST	1:09:13	1:05:13
7	136	JUDY EGGLESTON	41 ARLINGTON	VA		DCM	1:11:37	1:07:37
8	144	JANE RIEGER	42 WOODBRIDGE	VA		PWSC	1:14:50	1:10:50
9	157	DEE DELONG	40 MANASSAS	VA		PWSC	1:20:02	1:15:02
10	160	SUSAN BURTCH	43 RICHMOND	VA		UNAT	1:20:57	1:16:57
11	165	NANCY VOGT	40 WOODBRIDGE	VA		PWSC	1:25:01	1:20:31

FEMALE AGE GROUP: 45 - 49

1	81	BEVERLY FRANKLIN	48 DANVILLE	VA		VMST	0:59:16	0:57:46
2	82	NANCY CROTEAU	45 MANASSAS	VA		PWSC	1:01:21	0:57:51
3	120	JOELLEN LUNCHR	48 PITTSBURGH	PA		UNAT	1:08:26	1:04:56
4	143	MARY JOYCE KEMPER	47 OAKTON	VA		RM	1:14:49	1:10:49
5	159	CONNIE VAN NESS	47 GREAT FALLS	VA		RMST	1:20:43	1:16:13

FEMALE AGE GROUP: 50 - 54

1	73	JOANN LEILICH	51 ANNANDALE	VA		DCM	0:58:02	0:56:02
2	146	KAY BROCKWELL	54 BRISTOW	VA		PWSC	1:15:46	1:12:16
3	166	PATRICIA SHEAFER	50 MCLEAN	VA		DCM	1:24:47	1:20:47

FEMALE AGE GROUP: 55 - 59

1	147	BARBARA JOHNSON	57 WEST CHESTER	PA	1776	COL	1:16:09	1:13:09
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FEMALE AGE GROUP: 60 - 64

1	105	BETTY JANE RUSS	63 AKRON	OH		OMSC	1:02:41	1:01:11
2	169	DARLYNNE FERGUSON	61 CANTON	OH		OMSC	1:32:56	1:27:56

FEMALE AGE GROUP: 65 - 69

1	131	JEANNE MERRYMAN	67 BERWYN	PA	1776	COL	1:09:11	1:06:11
2	167	MARION CHADWICK	68 MERCER ISLAND	VA		PNA	1:30:00	1:25:30

MALE 19+ TEAMS

1. VA MASTERS-VA BEACH 0:45:58 0:49:21 0:55:44 = 2:31:03
PAT DUGGAN, JIM BRINGMAN, PHIL MAY
2. VA MASTERS-SOUTHAMPTON 0:49:25 0:52:52 0:55:56 = 2:38:13
DAVE HOLLAND, DON FARMER, MICHAEL STOTT

MIXED 25+ TEAMS

1. VA MASTERS-CHARLOTTESVILLE 0:44:25 0:44:39 0:46:37 = 2:15:41
JEFFREY RHODES, JOHN SHRUM, SHIRLEY LOFTUS
2. PRINCE WILLIAM SWIM CLUB 0:46:09 0:50:28 0:51:24 = 2:28:01
CHRISTOPHER NICKLAW, DAN FUCHS, DEBBIE JAEGER
3. CRUISERS 0:55:26 0:57:00 0:59:53 = 2:52:19
DEAN SARIDAKIS, MARIALYCE HOOVER, SHARON WRIGHT

MIXED 45+

1. PRINCE WILLIAM MASTERS 1:00:58 1:12:16 1:13:18 = 3:26:32
TOM SCOTT, KAY BROCKWELL, ED MOYLAN

MIXED 55+

1. COLONIALS 1776 0:54:27 1:06:11 1:13:09 = 3:13:47
BERNEY HUNGERFORD, JEANNE MERRYMAN, BARBARA JOHNSON

FEMALE 30+

1. PRINCE WILLIAM MASTERS 0:58:57 0:57:51 0:58:00 = 2:54:48
CHARLEEN DUNBAR, NANCY CROTEAU, KELLEY MACLENNAN

NATIONAL MASTERS

2-MILE

CHRIS GREENE LAKE - CHARLOTTESVILLE, VIRGINIA SATURDAY, JULY 14, 1990

Sponsored By:
Virginia Masters Swim Team
Held Under the Sanction of United States
Masters Swimming, Inc.
LMSC for Virginia
2205 Cannon Drive
Virginia Beach, Virginia 23454
Sanction No. 120-003

EVENT: First heat will be swum counter-clockwise and will start at 9 a.m. Check-in for the first heat will close promptly at 8:45. Second heat will be required to check in by 10:45 for an anticipated start immediately upon completion of the first heat. The second heat will be swum clockwise.

For safety reasons, swimmers who cannot complete the 2 miles in 2 hrs. are advised not to enter. Swimmers still on course after 2 hrs. will be stopped. From the standpoint of results, these swimmers will be indicated as not having completed the swim.

AGE GROUPS: Individual: 19-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-64; 65-69; 70-74; 75-79; 80-84; 85-89; 90-94; and 95+ for both men and women. Entries for the 19-24 age group are accepted as an official age group for United States Masters long-distance swimming. Swimmers in the 19-24 age group are advised they may jeopardize their amateur standing under FINA Rule GRI if they participate in Masters competition.

TEAM: 19+; 25+; 35+; 45+; 55+; and 65+. Men's, women's and mixed.

TEAM EVENT: The team shall consist of 3 swimmers with the fastest composite

time. All teammates must be registered with the same Masters-affiliated club; i.e., Virginia Masters, Triad Masters, etc. Mixed sex teams permitted.

AWARDS: Medals to the top 3 individual finishers in each age group. Medals for 1st, 2nd and 3rd place teams in each age group. National Masters championship patches to all first place finishers.

ENTRY FEES: Payable to Virginia Masters. Individual: \$10 per individual. Team: \$15 per team. Team members must also register as individual entrants. Late and deck entries will not be accepted. "No Time" entries will be seeded last in appropriate heat.

REGISTRATION: All swimmers must be registered with their Local Masters Swim Committee (LMSC). Entrants must include a photo copy of their current USMS registration card with their entry form. Entries received without a copy of their current card will be returned. Please do not show up at Chris Greene Lake planning to register or enter. Advance entry and registration are required to swim.

ENTRIES: Official form, entry fees, and 3x5 card for team entries with the information (see other side) must be received

no later than July 7, 1990. If you wish to purchase a commemorative tank top, your entry and prepaid shirt order must be received no later than June 22, 1990. Shirt orders will not be accepted after that date. Send entries to:

Abbie McGee
1160 Warner Hall Drive
Virginia Beach, VA 23454
(804) 427-3947

ENTRANCE TO LAKE: Swimmers and meet workers admitted free. For all others, Chris Greene Lake requires the following entrance fees prior to admittance: Albemarle County residents: adults, \$2; children (4-12), \$1. Non-residents: adults, \$3; children (4-12), \$2.

SOCIAL: Fresh fruit and snacks, along with beer and soft drinks, will be provided immediately following the meet. Tickets at \$2 per individual must be purchased at the time the entry form is submitted.

TANK TOPS: National Masters 2-Mile tank tops will be available only on a pre-order and pre-payment basis. Tank tops are 2 color, 100% cotton. Price of a shirt is \$10, and payment is required to accompany your entry. Check adult size on the entry blank.



NATIONAL MASTERS 2-MILE

DIRECTIONS TO CHRIS GREENE LAKE: From Washington, D.C., take Rt. 29 toward Charlottesville, Va. Approximately 6.3 miles north of Rt. 29, Charlottesville Bypass, turn right onto Airport Rd. (Rt. 649). Go one mile toward airport. Turn right onto Rt. 606 for 1.2 miles. Turn left through gate & follow the road to the lake.

From I-64 East, take 4th Charlottesville exit, U.S. 29 North Bypass, to U.S. 29 North. Follow U.S. 29 North to Airport Rd.. (Rt. 649).

From I-64 West, take 1st Charlottesville exit, U.S. 29 North Bypass, to U.S. 29 North. Follow U.S. 29 North to Airport Rd. (Rt. 649).

The team event consists of three swimmers with the fastest composite time.

Men's, women's, mixed teams in age groups 19+, 25+, 35+, 45+, 55+ and 65+. Team entry (3x5 card).

Team Name _____	Age Group _____
Names:	Age: Sex:
1.	
2.	
3.	

OFFICIAL ENTRY BLANK, NATIONAL MASTERS 2-MILE CHAMPIONSHIP
JULY 14, 1990
Chris Greene Lake, Charlottesville, Va.

Name _____ 1650 Yd. Seed Time _____

Address _____ Check one:
_____ 1. Counterclockwise (left-side breathers)
_____ 2. Clockwise (right-side breathers)

Phone: Home _____ Work _____ Age _____ Sex _____ USMS No. _____

Club Affiliation _____

Yes, I plan to attend the after-meet social. Enclosed is \$ _____ covering the cost of \$2 per ticket.

My tank top size is (circle) : Small (32-34), Medium (36-38), Large (40-42), X-Large (44-46). I have enclosed \$10 for each shirt I wish to purchase. Enclosed is \$ _____.

RELEASE BY PARTICIPANT FROM LIABILITY

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all of the risks inherent in Masters Swimming (training and competition) including possible permanent disability or death, and agree to assume all of those risks. I hereby waive any and all rights to claims for loss or damages arising out of participation in the Masters swimming program or any activities incident thereto against United States Masters Swimming, Inc., the Local Masters Swimming Committees, the clubs, host facilities, meet sponsors, meet committees, or any individuals officiating at the meets or supervising such activities, as a condition of my participation in Masters Swimming. In addition, I specifically acknowledge that I am aware of all risks inherent in open water swimming and agree to assume those risks.

_____ Date _____ Signature _____